



From “Someday” to “Right Now”

The SMART Goal Action Planner

Take those big, unwieldy “someday” dreams
and turn them into realistic, doable “right
now” goals using this SMART Goal Action
Planner. These dreams are within your reach!



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From Someday to Right Now: The SMART Goal Action Planner

“Someday” Dreams

“Someday I’ll write a short story and submit it to a writing contest.”

“Someday I’ll compose a song and perform it on stage.”

“Someday I’ll start a pet-sitting business in my neighborhood.”

“Someday...”

We all have a dream that seems too big, too unwieldy, or too overwhelming to seem possible. Maybe you’ve seen someone else accomplish something you’d like to do but don’t know how you could manage it yourself. Maybe you have a really creative idea, but it seems like there would be too many steps and hurdles for it to become a reality. You may even want to accomplish a seemingly simple task, but you just don’t know where to start. This is where the SMART Goal Action Planner comes in!

Think SMART!

The SMART Goal Action Planner turns your abstract dream into a clearly defined goal with a manageable timeline. What makes it so SMART?

A SMART goal is:

- **S—Specific:** What exactly do you plan to accomplish? Take your overwhelmingly messy dream and break it down into a precise goal.
- **M—Measurable:** How can you prove you’ve accomplished it? Can you verify that you’re making progress and that you completed it?
- **A—Achievable:** Is this achievable with your current resources and skills? If not, is it too grand a goal for now, or should you include steps to make it a possible goal?
- **R—Relevant:** Does this goal really matter to you right now? Is it worth your time and energy to accomplish now, or should you set it aside for a goal that matters more right now?
- **T—Time-bound:** What is your finish-line date? If you have no clear end date, this project could drag on for ages. Set a manageable schedule to keep you moving along.

Let’s Start Right Now!

Use the SMART Goal Action Planner to transform your “someday” dream into a “right now” goal today!

The SMART Goal Action Planner

My BIG Dream! Write your unedited unwieldy dream here:

The SMART Filter:

S—Specific:

What *exactly* do you plan to accomplish?

M—Measurable:

How can you prove you've accomplished it? :

A—Achievable: Is this achievable with your current resources and skills? Why or why not?

R—Relevant: Does this goal really matter to you right now? Why or why not?

T—Time-bound: What is your finish-line date?

★ **Right Now!** I can take this first step toward my goal today:

⚠ **Speed Bump:**

What is one possible hurdle?

What is a quick solution?

🏆 **GOAL!**

I reached my goal and crossed the finish line on:
